



With two bank holidays coming up in May, there's double the chance to make the most of the coast! It's not too late to book your break, why not get out to Cudmore Grove Country Park on [Essex's Mersea Island](#)? Stroll the grasslands and beaches, slurp oysters and then head to one of the beautiful vineyards for an afternoon of wine sipping and charcuterie.

If you'd prefer a pint, hop across to the Isle of Wight for a Real Ale Festival at the Steam Railway, the first bank holiday 4-6 May, or head to sunny [Scarborough](#) for a new three-day Scarborough Streets Festival, enjoy low or no cost outdoor street performances, art and workshops, 4-6 May.

Or plan a break at the end of May for a stay on the Yorkshire coast, on Sunday 26 May a Treasure Hunt takes place on the North York Moors' [Cleveland Way](#), let the kids scour the Moors for hidden boxes containing rubber stamps to create an ink-stamped masterpiece!

Check out what's coming up near you [here](#)

And why not take time out to enjoy a stress-busting sauna right on glittering Sandbanks beach in Dorset? [Enter our competition](#) to win a private Nordic bathing experience exclusively for you and your pals – have the perfect spring detox!



Puffins, paddling and pop-ups in East Yorkshire

Whether you're out to spot puffins, want to try sea canoeing or paddle-boarding, a trip to Flamborough Head on the East Yorkshire coast guarantees nature at its most wild and untamed.

A little further south, Hull's Fruit Market has a host of fresh faces and flavours. Linked by a new footbridge from the city centre, you'll find an Asian-inspired eatery, American-style smokehouse, vintage clothes shops and much more.

[**Check out somewhere new here**](#)



Free events and fun on the sands in Redcar

Redcar's Kite Festival on May 26 is a new free event promising two days of exhilarating aerial displays and epic soaring stunts by a group of kite-flying experts providing a riot of overhead colour. On the same day, and also free, is The Yorkshire Fossil Festival which offers the biggest celebration of fossils and palaeontology in the north of England.

If you'd rather hit the sands, Redcar & Cleveland is home to one of the longest stretches of sandy beaches in the UK, so grab the buckets and spades, stroll the Esplanade and venture up the 80-foot Redcar Beacon for great outdoors seaside fun!

[Explore more](#)



Feasting and festivals in Dorset

Fancy a food festival? Get down to Dorset, it's packed with culinary treats! Head to Christchurch for the Cheese and Chilli Festival, 18-19 May (enter the chilli eating competition at your peril!) or visit for the hugely popular Christchurch Food Festival, 25-27 May. Alternatively camp on site at the Cursus Music and Cider Festival for three days of live music and great local food and drink, 24 -26 May, near Blandford Forum.

If you'd rather escape the madding crowds in Hardy country, stroll its epic coast path taking in iconic Durdle Door, Chesil Beach and the soft chalk stacks of Old Harry Rocks. Stay at Lyme Regis, Swanage or Weymouth for a weekend of feasting and fresh sea air.

Dorset Top Tips



Win your own Nordic bathing experience on Sandbanks beach!

Now's your chance to win a 65-minute private Nordic bathing experience for up to 8 people in your very own exclusive session at [The Saltwater Sauna](#), right on beautiful Sandbanks beach, Poole, Dorset. Reconnect with nature and recharge from the benefits of hot-cold exposure warming up in the beach-front sauna followed by an invigorating sea dip or cold shower, and then repeat!

Tucked away alongside the dunes with outstanding views to Old Harry Rocks and the Jurassic Coast, dig your toes into the golden sands and plunge into crystal clear waters. Your facilities include a contemporary Nordic sauna, changing and storage space, beach shower, drinking water tap and the option of a tingling sea plunge!

This private sauna experience is worth £85. Nordic bathing is known for its health-giving properties, improving sleep, relaxation and mental well-being.

To win this superb experience on one of the UK's most stunning beaches:

[Enter now!](#)

Check out our latest blogs



Spring's the ideal time to get outdoors and immerse yourself in nature. Our latest blog pinpoints where to spot seals, dolphins, Sika deer and amazing birdlife on three coastal stretches

[Read Blog](#)

The mesmerising sunsets on the Isle of Thanet have long drawn creative types like J W Turner, Charles Dickens and more recently Tracey Emin, explore its galleries and studios in our new blog

[Read Blog](#)



England's Coast

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